

## Dampness And Risks To Health Chartered Institute Of

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### Dampness And Risks To Health

Can damp and mould affect my health? Yes, if you have damp and mould in your home you're more likely to have respiratory problems, respiratory infections , allergies or asthma . Damp and mould can also affect the immune system.

### Can damp and mould affect my health? - NHS

Health Risk of Dampness and Mold in Houses. Based on multiple critical reviews and meta analyses of a large body of research, indoor dampness or mold, determined visually or via mold odor, is associated with increases in asthma exacerbation, cough, wheeze, upper respiratory symptoms, asthma development, shortness of breath, ever diagnosed asthma, respiratory infections, bronchitis, allergic rhinitis, and eczema.

### Dampness-Related Health Risks | Indoor Air Quality (IAQ ...

The review concluded that: "...dampness in buildings appears to increase the risk for health effects in the airways, such as cough, wheeze and asthma... [and] evidence for a causal association between 'dampness' and health effects is strong. However, the mechanisms are unknown.

### Health effects associated with dampness and mould - WHO ...

A study in 2007 also found a connection between damp, mouldy homes and depression. The stress of living in a mouldy home can be high. There is the damage to your possessions, the unattractive appearance and smell, and the concerns around its impact on your health and that of your loved ones.

### Damp & Mould Health Risks: The Effects & What You Can Do

The dampness-related risk factors associated with increased health symptoms varied among these 10 studies. For three studies, symptoms increased with increased visible dampness or mold or mold odor [54, 62, 63]. In one study, increased symptoms were associated with dampness in the heating, ventilating, and air conditioning systems [64].

### Health Risks of Dampness or Mold in Workplaces | Indoor ...

Research has found that people who spend time in damp buildings are more likely to report health problems such as these: Respiratory symptoms (such as in nose, throat, lungs) Development or worsening of asthma Hypersensitivity pneumonitis (a rare lung disease caused by an immune system response to ...

### CDC - Indoor Environmental Quality: Dampness and Mold in ...

For people sensitive to mold, inhaling or touching mold spores can cause allergic reactions, including sneezing, runny nose, red eyes, and skin rash. People with serious mold allergies may have...

### Moisture and Mold Problems: Preventing and Solving Them in ...

Mold can also trigger the production of microbes and bacteria. Exposure to these bacteria may trigger an inflammatory response in some people, according to the World Health Organization (WHO). The...

### Mold in the home: how big a health problem is it?

Exposure to damp and moldy environments may cause a variety of health effects, or none at all. Some people are sensitive to molds. For these people, exposure to molds can lead to symptoms such as stuffy nose, wheezing, and red or itchy eyes, or skin.

### CDC - Mold - General Information - Basic Facts

Dampness can cause harm even when mold is not present. Excessive moisture also promotes the growth of dust mites, cockroaches, bacteria and viruses, which can impact health. 2 Exposure to mold can trigger allergic reactions and asthma symptoms in people who are allergic to mold.

### Mold and Dampness | American Lung Association

exposure to dampness and mould, and to remove potential mould once it occurs. Emphasis is put on the problem of excessive moisture, which is the root cause for problems with dampness and mould in indoor

### DAMP AND MOULD Health risks, prevention and remedial actions

In a meta-analysis by Fisk and co-workers the risk of current (prevalent) asthma and ever-diagnosed (prevalent) asthma were significantly increased in relation to any dampness or molds as a combined exposure, but the results on development of new asthma remained inconclusive, as only four studies had been published by then.

### Residential Dampness and Molds and the Risk of Developing ...

Mould and dampness To reduce the risk of mould growth, as well as the release of other pollutants, excess moisture indoors should be avoided. Any mould or dampness could be a health risk and should be removed as soon as it is observed.

**Mould and dampness - Healthy WA**

This document provides a comprehensive review of the scientific evidence on health problems associated with building moisture and biological agents. The review concludes that the most important effects are increased prevalences of respiratory symptoms, allergies and asthma as well as perturbation of the immunological system.

**WHO | WHO guidelines for indoor air quality: dampness and ...**

According to the World Health Organization (WHO), a considerable proportion of the world's 300 million cases of childhood asthma is attributable to exposure to indoor dampness and mould. People who...

**Health Check: how does household mould affect your health?**

Dampness Leading to Structural Risk This report deals with the issue of dampness as it relates to human health. But the committee notes that excessive indoor dampness has also been documented to reduce the load-bearing capacity of wood framing.

**Damp Buildings, Human Health, and HVAC Design**

Dampness tends to cause secondary damage to a building. The unwanted moisture enables the growth of various fungi in wood, causing rot or mould health issues and may eventually lead to sick building syndrome. Plaster and paint deteriorate and wallpaper loosens. Stains, from the water, salts and from mould, mar surfaces.

**Damp (structural) - Wikipedia**

If you have damp and mould you're more likely to have or develop respiratory problems, respiratory infections, allergies or asthma. Damp and mould can also affect the immune system, according to...

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